Bakery

all homemade & baked fresh daily

assorted breads,
quiche, muffins,
cookies, bars etc . . .

See the board for daily specials!

Soups

Gypsy Vegetable Soup

Aromatic, with
sweet potatoes, red peppers
& garbanzo beans.

vegan & gluten free!

Cup **$3.50** • Bowl **$4.50**

Cup with Sandwich or Salad
$2.95

Each week we feature
homemade soups from scratch.
At least one will be vegan.

Served with bread
or grapes.

Beverages

Rosewater Lemonade $1.95

Mexican Hot Chocolate $2.95

Hot Chocolate $2.75

Juice $1.95

Milk $2

Salads

Basic Salad

a tasty mix of spring greens,
red onion, olives carrots &
garbanzo beans – *vegan & gluten free*
$4.00 / $7.25

Roasted Pepper Salad

mixed greens with roasted red peppers,
kalamata olives and a splash of our
tangy Greek Feta dressing – *gluten free*
$4.50 / $7.95

Spinach & Beet Salad

a basic salad with an Asian twist of
toasted sesame seeds and sesame
vinaigrette – *vegan & gluten free*
$4.75 / $7.50

Spinach & Grapefruit Salad

a refreshing salad topped with
roasted almonds and honey lime vinaigrette
– *vegan & gluten free*
$4.50 / $7.95

Served with bread or grapes.

Any salad can be wrapped in a
tortilla for an extra $1

dressings

all freshly made from scratch!

Sesame, Spicy Cilantro
or Balsamic vinaigrette
– *vegan & gluten free!*

Greek Feta or Honey Lime vinaigrette
– *gluten free*

Sandwiches

Almond Butter & Banana Sandwich • *$4.95* – *vegan*

Grilled Veggie Sandwich • *$8.95* – *vegan*

roasted seasonal vegetables with a splash of Greek Feta dressing or
spicy Cilantro Vinaigrette ~ Fontina or Pepper Jack cheese $1

Teriyaki Wrap • *$8.95* – *vegan*

teriyaki infused carrots, red peppers, zucchini, summer squash
and rice wrapped in a flour tortilla

Grilled Fontina, Mushroom & Arugula Sandwich • *$8.95*

Fontina cheese, Portabellas, Dijon mustard and arugula

Roasted Eggplant & Pepper Sandwich • *$8.95*

with goat & parmesan cheeses and tapenade

Wilted Spinach & Roasted Pepper Sandwich • *$8.95*

with marinated tomatoes, red onions, basil pesto & goat cheese

Grilled Cheese • *$4.95*

the classic with Cheddar, Pepper Jack, Fontina or goat cheese

Cold Sandwiches

The Greek • *$7.50*

mint pesto, spinach, cucumbers and feta on a ciabatta roll

Classic Caprese • *$7.50*

basil pesto, marinated tomatoes, mozzarella & greens on a ciabatta roll

The Italian • *$7.95* – *vegan*

white bean spread with roasted red peppers, marinated tomatoes,
olives and mixed greens on a ciabatta roll

The Veggie • *$5.95* – *vegan*

mayo with roasted red peppers, marinated tomatoes, carrots,
cucumbers and mixed greens on multi-grain sourdough bread

Egg Salad Sandwich • *$5.95*

with mixed greens on Country French bread

The Tuscan • *$7.50*

pesto with capers, artichoke hearts, fontina cheese on a ciabatta roll

Bread choices are multigrain sourdough, country french, pita,
flour tortilla or gluten free English muffin, unless stated otherwise